



Sudbury Sprinters Speed Skating Club 2025-2026 Registration



Send completed form to info@sudburysprinters.com.
Send e-transfers to treasurer@sudburysprinters.com.

The SSSSC does not offer First Strides Level 1-2 as the skills developed at these levels are basic skating skills that can be learnt through other programs in the City of Sudbury, such as CanSkate.

Practices are held Tuesdays and Saturdays, at the Gerry McCrory Countryside Arena, Ice Pad 1. Because of ice sport competitions held at Gerry McCrory Countryside arena on weekends, we tend to have fewer practices on Saturdays (about 1/2 fewer than Tuesdays). Registration fees reflect this. If a skater surpasses the ability of their group during the season, it could be recommended that they change groups.

GROUP	GOALS	Practice Time
First Strides Levels 3-4	Skaters learn the fundamentals of speed skating.	5-6 PM <i>*Tuesdays only, subject to change to 6-7PM, to be confirmed in August</i>
Fast Strides Levels 5-8	Skaters focus on improving speed skating technique and speed.	6-7 PM
Fast Strides Levels 9-10 Train to Compete	Skaters should meet a time standard for 400m. Skaters focus on racing strategies.	5-7 PM + At home dryland program

Possible Change in Schedule

If practices are held Wednesdays instead of Tuesdays, will it be challenging for your skater(s) to attend:

☐ Yes

☐ No

Comments:

Parent/Guardian/Adult Skater Information:

Parent/Guardian/Adult Skater

Name: _____

Relationship to skater: _____

Address: _____

City: _____

Postal Code: _____

Home Phone: _____

Cell Phone: _____

Email: _____

Parent/Guardian #2

Name: _____

Relationship to skater: _____

Address: _____

City: _____

Postal Code: _____

Home Phone: _____

Cell Phone: _____

Email: _____

Communications throughout the season should be sent to this or these emails:

Emergency Contact (other than parents/guardians above):

Name: _____ Relationship to skater: _____

Home Phone: _____ Cell Phone: _____

Membership

The Sudbury Sprinters Speed Skating Club is a not-for-profit corporation. We encourage adult skaters and parents/guardians to become members. There is no obligation to commit time to the club, although it is always appreciated. Members will be invited to the Annual General Meeting in late spring/early summer. Each member in attendance has one vote on AGM motions.

As per the SSSSC By-Laws (access [here](#)), members are *any individual who is 18 years old or older and a recreational speed skater, a competitive speed skater, a coach, an official, a manager, an administrator, a volunteer, a parent/guardian or a director who is interested in the purposes of the Club, who has registered as a Member of the Club, and who has agreed to abide by the Club's By-Laws, policies, procedures, rules and regulations.*

I agree to the above, and would like to be a member of the Sudbury Sprinters Speed Skating Club for the 2025-2026 season, from September 7th, 2025 to September 8th, 2026.

Adult Skater/Parent/Guardian Signature

Date

Adult Skater/Parent/Guardian Name (Printed)

I agree to the above, and would like to be a member of the Sudbury Sprinters Speed Skating Club for the 2025-2026 season, from September 7th, 2025 to September 8th, 2026.

Adult Skater/Parent/Guardian Signature

Date

Adult Skater/Parent/Guardian Name (Printed)

I agree to the above, and would like to be a member of the Sudbury Sprinters Speed Skating Club for the 2025-2026 season, from September 7th, 2025 to September 8th, 2026.

Adult Skater/Parent/Guardian Signature

Date

Adult Skater/Parent/Guardian Name (Printed)

Skater #1 Information:

Name: _____

Date of Birth: _____

Gender: _____

Allergies: _____

Medication: _____

Health Card #: _____

I am registering the above skater for: *(circle one)*

First Strides (L3-4)

Fast Strides (L5-8)

Fast Strides (L9-10)/ Train to Compete

**First Strides (L3-4) is offered on Tuesdays only in 2025-2026.*

I am registering the above skater for practice on: *(circle one or both)*

Tue

Sat

Registration fee (see page 5) : _____

10% rebate for postsecondary student rebate: _____

SSO/SSC fees: _____

Total: _____

Fundraising (see table with fees on page 6) : _____ Cash ☐ E-transfer ☐ Cheque(s) ☐

Skater #2 Information:

Name: _____

Date of Birth: _____

Gender: _____

Allergies: _____

Medication: _____

Health Card #: _____

I am registering the above skater for: *(circle one)*

First Strides (L3-4)

Fast Strides (L5-8)

Fast Strides (L9-10)/ Train to Compete

**First Strides (L3-4) is offered on Tuesdays only in 2025-2026.*

I am registering the above skater for practice on: *(circle one or both)*

Tue

Sat

Registration fee (see page 5) : _____

10% rebate for postsecondary student rebate: _____

10% sibling rebate: _____

SSO/SSC fees: _____

Total: _____

Fundraising (see table with fees on page 6) : _____ Cash ☐ E-transfer ☐ Cheque(s) ☐

Skater #3 Information:

Name: _____

Date of Birth: _____

Gender: _____

Allergies: _____

Medication: _____

Health Card #: _____

I am registering the above skater for: *(circle one)*

First Strides (L3-4)

Fast Strides (L5-8)

Fast Strides (L9-10)/ Train to Compete

**First Strides (L3-4) is offered on Tuesdays only in 2025-2026.*

I am registering the above skater for practice on: *(circle one or both)*

Tue

Sat

Registration fee (see page 5) :

10% rebate for postsecondary student rebate:

10% sibling rebate:

SSO/SSC fees:

Total:

Fundraising (see table with fees on page 6) : _____

Cash

☐

E-transfer

☐

Cheque(s)

☐

Registration Fees

Registration fees include coaching, ice rental fees, and skate rentals.

If you have speed skating skates, please contact info@sudburysprinters.com for a discount.

The cost of renting ice rises annually, but we strive to keep our registration fees as low as possible. Payment by instalments is available upon request.

Cash and cheques for registration fees can be provided at the skate fitting session or the first practice. E-transfers can be mailed to treasurer@sudburysprinters.com. Make sure to indicate the skater's name.

If you require financial assistance, contact **Positive Leisure Activities for Youth (PLAY)** at <https://www.smcf.com/play-program/>. Children who are eligible for the program can access up to \$250 per seasonal application to help pay for leisure activities.

Canadian Tire's **Jumpstart Program** provides individual child grants for participation in sport. Eligibility and the application form can be accessed at <https://jumpstart.canadiantire.ca/pages/individual-child-grants>. Children who are eligible for the program can access up to \$300 per seasonal application to help pay for leisure activities.

The SSSSC **STRIDES FOR ALL** program aims to bring down financial barriers to participation in sport. If you require financial assistance, contact info@sudburysprinters.com.

Fast Strides (L9-10)/ Train to Compete						Fundraising		Skate Deposit	
Registration (including skate rental)	Full Price	1st Install	2nd Install	Post date		Fee	Post date	Fee	Post date
Tuesday AND Saturday	\$900	\$450	\$450	Nov 1 2025		2 x \$150	Nov 30 2025 Feb 28 2026	\$500	Mar 31 2026
Tuesday ONLY	\$650	\$325	\$325			2 x \$80			
Saturday ONLY	\$400	\$200	\$200			2 x \$40			
First Strides (L3-4) Fast Strides (L5-8)						Fundraising		Skate Deposit	
Registration (including skate rental)	Full Price	1st Install	2nd Install	Post date		Fee	Post-date	Fee	Post date
Tuesday AND Saturday	\$650	\$325	\$325	Nov 1 2025		2 x \$80	Nov 30 2025 Feb 28 2026	\$500	Mar 31 2026
Tuesday ONLY	\$400	\$200	\$200			2 x \$40			
Saturday ONLY	\$250	\$125	\$125			2 x \$20			

Speed Skating Ontario (SSO) and Speed Skating Canada (SSC) have membership fees to cover insurance for the skaters while on the ice.

- Most skaters fall under the **Club Skater** category, and will pay **\$46** (2025-2026) to cover both these membership fees.
- If a skater completed the Learn to Speed Skate program, they will need to pay \$46 - \$20=**\$26** (2025-2026).
- If a skater competes at a meet, a **Competitive Skater** membership will need to be purchased. The difference in fees will need to be paid: \$114-\$46=**\$68** (2025-2026).

Refund Schedule

For the 2025-2026 Regular Season, if a skater withdraws voluntarily, the Club can not guarantee a refund. The SSSSC commits to ice time in September based on the number of registered skaters. The SSSSC can not guarantee a refund since practices will continue and ice time needs to be paid.

If a skater is injured, and cannot complete the season, an 80% refund, prorated and starting 4 weeks after the club has been notified of the injury, will be provided. This refund is increased to 90% if applied to next year's registration.

Fundraising

Cash, post-dated cheques and e-transfers are accepted for the fundraising amounts.

The SSSSC has a FlipGive account: amounts you collect through this application will be applied towards your fundraising amount, and only the remaining amount will be collected. Details will follow.

The SSSSC also volunteers with the Delta Bingo, Val Caron location monthly. Skaters (18+) and parents/guardians receive a \$50 credit for volunteering at a Bingo session, and \$25 credit for being a back-up volunteer. These sessions are 2-2.5 hours long and in the afternoons and evenings. It's a great way to recover your fundraising fee while providing revenue to the club to keep the cost of registration fees down.

If you have a fundraising idea, please share it with the club at info@sudburysprinters.com.

Skate Rentals

A post-dated cheque (\$500) must be provided to cover the skate deposit. It will be returned at the end of the season when skates are returned.

Skate Sharpening

Speed skates will be sharpened at no cost at the start of the season. Skates can not be sharpened at a hockey skate sharpening location. Sharpening is available by the club throughout the season for \$5. If the blades have extensive damage, the cost is \$10 due to the additional time required. Typically, the following schedule is recommended for speed skate sharpening:

First Strides (L3-4): once every 10 - 15 hrs of skating

Fast Strides (L5-8): once every 8 - 10 hrs of skating

Fast Strides (L9-10)/Train to Compete: once every 4 - 6 hrs of skating

**If a burr is noticed, skates must be sharpened.*

Mandatory equipment

The items in **bold** are available for purchase through the club during skate fittings and throughout the season.

- clothing with long sleeves and long pants or **speed skating suit**
- Fast Strides (L5-10) and Train to Compete skaters should consider a **cut-proof suit**
- **speed skating helmet**, downhill skiing or hockey helmet; no biking helmets
- **safety glasses with straps to hold them snug on the head**
- neck guard with bib
- thick gloves or mittens (more advanced skaters should consider purchasing **leather gloves**)
- knee pads
- **shin guards**
- **Kevlar ankle guards**

Parents/Guardians Meeting

A meeting will be scheduled at the beginning of the season to explain practice format, the season's schedule, racing options and equipment. A Sudbury Sprinters Speed Skating Club Manual will be distributed at this time.

Waivers

Every skater needs to be registered on IceReg to complete SSO and SSC waivers, including a Concussion waiver. Details will follow.

Photo and Video Waiver Release Form

☐ In consideration of participation in the Sudbury Sprinters Speed Skating Club (SSSSC), the undersigned agrees that their likeness, or the likeness of their child/ward may be photographed or videotaped and that such image may be published in an outlet used to promote or publicize the SSSSC, such as Facebook or the SSSSC website.

Name of child(ren)/ward(s):

Parent/Guardian Signature

Date

Print Name

☐ In consideration of participation in the Sudbury Sprinters Speed Skating Club (SSSSC), the undersigned does not agree that their likeness, or the likeness of their child/ward may be photographed or videotaped and that such image may be published in an outlet used to promote or publicize the SSSSC, such as Facebook or the SSSSC website.

Name of child(ren)/ward(s):

Parent/Guardian Signature

Date

Print Name