

## SSSSC Health Screening Questionnaire

Individuals must complete this questionnaire prior to their participation in a skating practice.

1. Do you have a fever/forehead temperature 37.8°C or higher. *If yes, cannot participate.*
2. Do you have any of the following symptoms? *If yes to any one of these, cannot participate.*
  - Cough
  - Shortness of breath
  - Decrease or loss of smell or taste
3. Do you have any of the following symptoms? *If yes to any two of these, cannot participate.*
  - Sore Throat
  - Stuffy/Runny Nose
  - Headache
  - Nausea, vomiting or diarrhea
  - Fatigue, lethargy, muscle aches

*If only one symptom is “yes” and it has been at least 24 hours since symptom started and it is improving, skater can participate.*

4. Have you travelled or had close contact with anyone that has travelled to a health region in Ontario that is currently in the Orange (Restrict), Red (Control) or Grey (Lockdown) Level in the past 14 days? *If yes, cannot participate.*
5. Have you travelled outside of Canada or had close contact with anyone that has travelled outside of Canada in the past 14 days? *If yes, cannot participate.*
6. Have you been identified as a close contact of someone who is confirmed as having COVID-19? *If yes, cannot participate.*
7. Have you been directed by a health care provider or public health to isolate? *If yes, cannot participate.*

*Please note: This Health Screening questionnaire has been developed based on the current COVID-19 Screening Tool for Children in School and Child Care (Ontario Ministry of Health, Oct 1, 2020) and the Ontario COVID Response Framework (Nov 2020). The current listing public health region levels is located here: <https://www.ontario.ca/page/covid-19-response-framework-keeping-ontario-safe-and-open>*